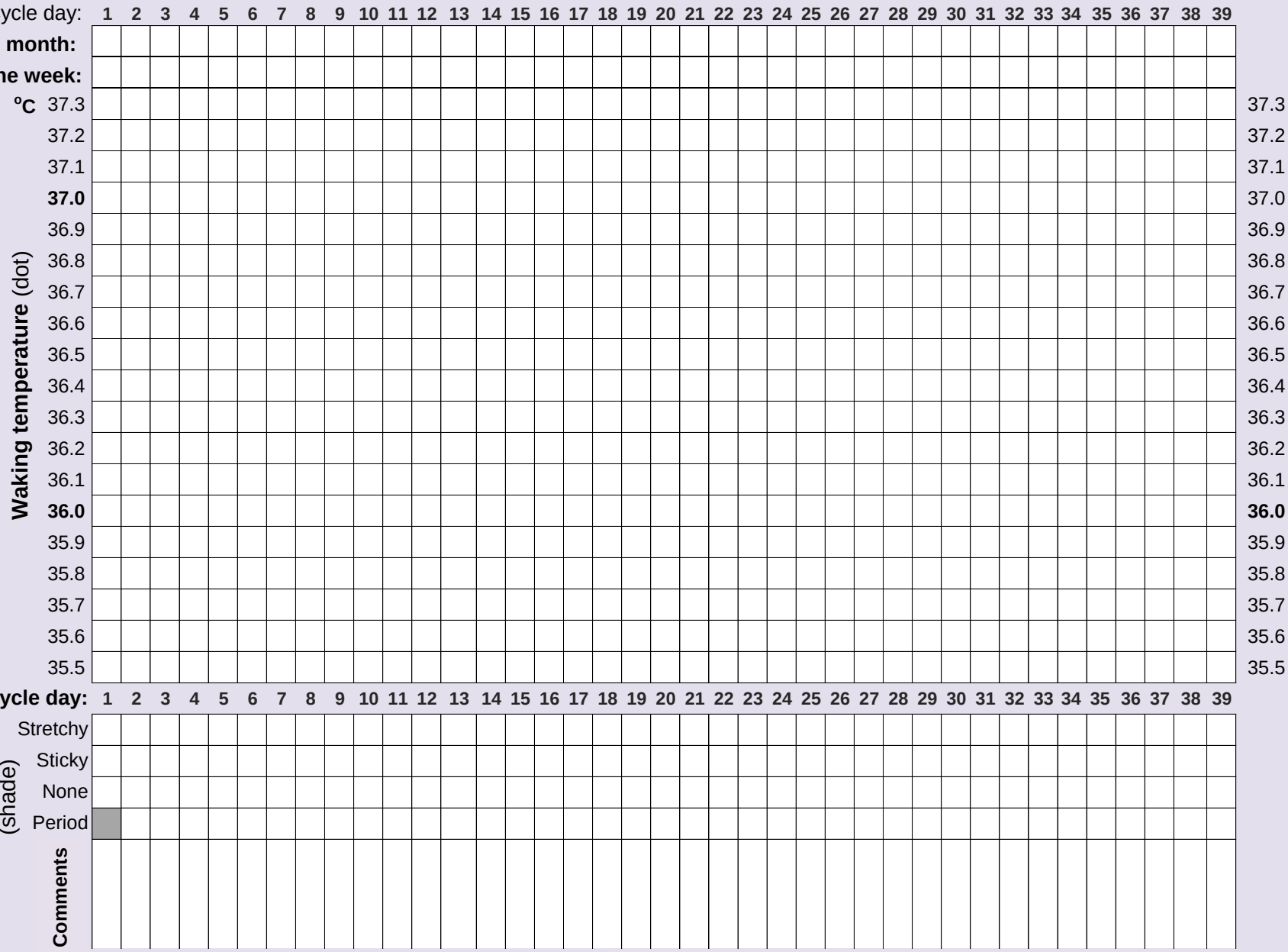
# Fertility chart

Shortest and longest cycles in last year (if known): | This cycle length:

Your initials: | Your age: | Usual time you take temperature: | Chart start date: | Chart number:

General comments:




More information: **www.befertilityaware.co.uk/diy**

Comments or questions? email: sarah@befertilityaware.co.uk