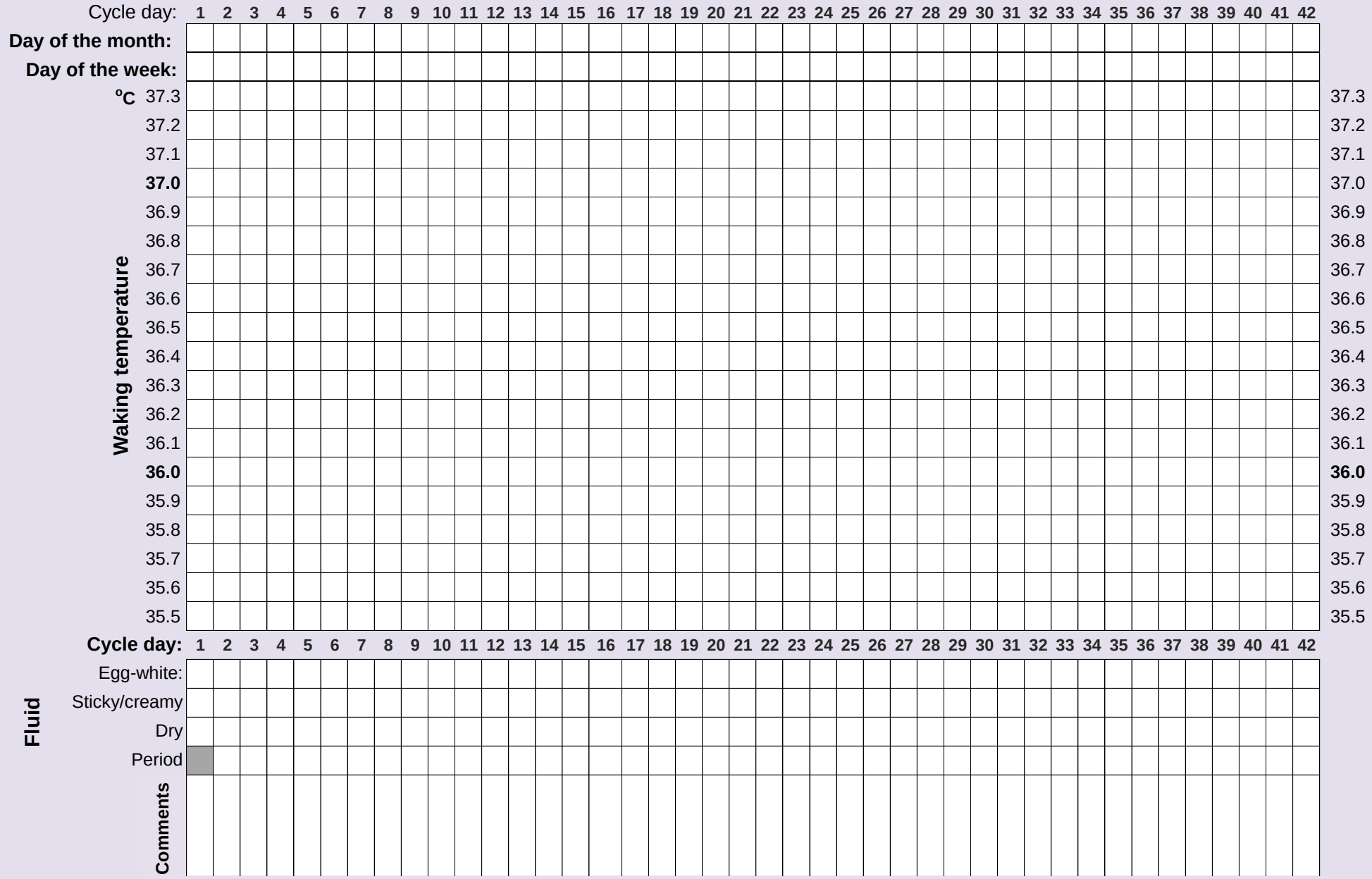
Fertility chart

Your initials: Your age: Chart start date: Chart number:

What time do you normally take your waking temperature? How many days did this cycle last?



Comments or questions? email: sarah@befertilityaware.co.uk